



THE RILEY BUGLE CALL

Community Action Council

May 18, 2005 9:30am

Riley's Conference Center

Welcome – Introductory Remarks

COL John A. Simpson, Jr.

Garrison Commander, Fort Riley, Kansas

Presentations

Directorate of Morale, Welfare, and Recreation

Child and Youth Services

Announcements

Irwin Army Community Hospital (IACH)

- **Nurse Advice Line**

- Irwin Army Community Hospital's (IACH) Nurse Advice Line became available on March 8. This new service, not to be confused with the Tricare Health Information Line, provides military beneficiaries with health care advice. The Advice Line is staffed by Registered Nurses, who assess symptoms and, utilizing the triage guidelines that have been approved by medical staff at IACH, determine if and when you need to see a provider. If the Advice Nurse determines that you need to be seen, she will schedule the appointment for you and will recommend self-care measures to manage symptoms.
- The Advice Nurses also provide health information regarding diseases, medical procedures, medication usage and side effects, and give care advice for managing an illness or problem at home. Since the start of the Nurse Advice Line, the Advice Nurses are pleased to have several repeat callers who have had questions and concerns. Some callers who schedule an appointment and receive self-care instructions and no longer require an appointment.
- The nurses have been assisting new mothers with concerns about feeding, umbilical cords, cough and cold symptoms, vomiting and diarrhea. They have also fielded calls for school age children and adults who have not escaped the colds, vomiting and diarrhea, as well as "pink eye". With allergy season upon us, they frequently need help to determine if the symptoms are cold or allergy related. The Advice Nurses have triaged abdominal, flank and chest pain, medication reactions, skin disorders and have dispatched Emergency Medical Services. Questions regarding concerns during pregnancy are generally directed to an Advice Nurse in the Obstetrics Clinic.
- During hours of operation, if the Advice Nurse is busy taking a call, leave a brief message on the voice mail. Include your name, phone number where you can be reached and the nature of your call. Please speak slowly and clearly so the Advice Nurse has the information needed to return your call.

- The Nurse Advice Line can be reached by dialing 239-DOS (3627) or 1 -888-239-DOCS (3627). Follow the automated instructions. The Nurse Advice Line is available on weekdays from 7:00am-11:00pm and on weekends and holidays from 9:00am-9:00pm. The extended evening, weekend and holiday hours are available to better serve your health needs.
- **Preventive Medicine Division Offers Classes/Inspections:**
 - Child Health Assessments – well-child screening for on-post child care (20 minute appointments scheduled on May 19 (1:00-3:00pm), June 2, 9, 23 and 30 (8:00-11:00am), June 16 (1:00-3:00pm)
 - Self Care Program – to help participants recognize common minor illness systems and implement appropriate treatment options (Every 1st & 3rd Tuesday, 10:00-11:00am)
 - Tobacco Cessation Classes (call to schedule)
 - Children's car seat inspections (call to schedule)

For Self Care Class call the IACH Appointment Line at 239-DOCS (3627) or 1-888-239-DOCS (3627). For all other classes and inspection call the Preventive Medicine Division at 239-7323

- **Nutrition Care Division Offers Classes:**
 - Family Member Weight Control
 - Weight Support Group (Family Members and retirees) – a follow-up to the above program
 - Weigh to Stay (Active Duty Weight Control)
 - Heart Healthy – Low Fat/Cholesterol, Low Sodium
 - Prenatal Nutrition Class
 - Diabetes Education Program
 - Breastfeeding Education class

Those interested in weight control management can call directly to the Nutrition Care Division at 239-7644 to schedule appointments. Prenatal Nutrition Class is held 2nd Friday of each month, 10:00-11:00am and Breastfeeding Education is third Wednesday, 1:00-2:30pm. These may be scheduled by calling the Nutrition Care Division at 239-7644.

Heart Healthy and Diabetes Education are by referral only.

Fort Riley Dental Activity (DENTAC)

- **Dental Appointments:** Dental Appointments for active duty military are available. Soldiers that are deploying soon should tell the Appointment Desk Staff that they are deploying soon. In most cases, dental appointments for routine procedures are available within a couple of days. Based upon a seasonal turnover in our dental staff, we predict that dental appointments will be tougher to get this coming summer. Call or go by your dental clinic and make your dental appointment today!

<u>Dental Clinic</u>	<u>Phone</u>	<u>Hours</u>
Dental Clinic #1 (Hospital)	239-7955	7:30am-4:30pm
Dental Clinic #3 (Custer Hill)	239-4261	7:30am-4:30pm
Dental Clinic #4 (Whitside DC)	239-4174	7:30am-4:30pm

Dental Sick Call: 7:30-9:30am hours (after 9:30am, please call or be prepared to wait a while). After Hours, weekend or Holiday Dental Emergency: Report to the IACH Emergency Room

- **Red Cross Volunteer Dental Assistant Training Program:** Our next Red Cross Volunteer Dental Assistant Training Class is scheduled for October 2005. If you are

interested, please contact the American Red Cross Office at 239-1887 for more information and to get your volunteer packet started. We are always looking for Red Cross Volunteers to help out in other areas!

Directorate of Morale, Welfare, and Recreation (DMWR)
Business Operations

- **Riley's Convention Center, 446 Seitz Drive, (785-784-1000) or 239-0559** - Riley's Convention Center is open and booking rooms for future events. Call now to book your functions. If you want an organizational meeting or an official function, please call the number listed above. Riley's provides catering for buffets for groups with less than 200 persons and outsource catering is available for larger groups. For larger groups there is a list of caterers to select from with a variety of selections. Stop by and visit the Center, you will be pleased with our facility and staff. We will be happy to discuss your needs for your upcoming event.
- **Custer Hill Golf Course: Bldg. 5202, Normandy Drive, (785) 784-6000**
 - Operating Hours - Monday 3:00-7:00pm, Tuesday-Friday 8:00am-7:00pm, Saturday and Sunday 7:00am-7:00pm
 - Membership Savings for Golf. Memberships are still available at the golf course. Memberships are prorated from the period you join until March 31, 2006. Information is available at the golf course or by calling 239-5412.
- **Rally Point: 2600 Trooper Drive (785) 784-5434**
 - 20 Cent Wing Night- Wednesdays 5:00-8:00pm. Be sure to enjoy this popular family program.
 - Friday Family Night- Fridays, 5:00-8:00pm, buffet, entertainment for the children.
 - Regular events planned are the following:
 - Krazy Karaoke every Wednesday
 - Request Night every Thursday
 - Mixed Dance Night Fridays 8:00pm - ++
 - Late Nite Program Every Saturday 11:00pm-4:00am
 - Variety Dance Night Saturday 8:00-11:00pm
 - Plan for your unit function at Rally Point! Call 784-5434 if you want to have a unit function in Rally Point. We are willing to help you any way we can.
- **Custer Hill Lanes Bldg. 7485 Normandy, (785) 239-4366**
 - Special programs offered daily at the bowling center. Come "spin" for values at the center. Join a summer league, start a league, and enjoy bowling on our automatic lanes. A new bumper system has been added to allow you (an adult) and a child to bowl on the same lanes. Come experience the difference for your "First Choice" as an entertainment place to go after work and every evening.
 - The Strike Zone Snack Bar: Open daily (Monday-Friday for lunch from 11:00am-1:00pm) and again at 5:00pm daily, except Monday. We offer pizza by the slice or by the pie. Call 239-1710. The snack bar also offers regular, fried entrees, hamburgers and salad specials. We offer specials daily; call to see what they are.
 - Couples league- If you want a "fun" league to begin bowling in June, sign up at the center. For information call-239-4366.
 - Hours of operation:
 - Tuesday 11:00am-11:00pm Open Bowling
 - Wednesday 11:00am-11:00pm Open Bowling
 - Thursday 11:00am-11:00pm Open Bowling
 - Friday 11:00am-1:00pm (Open Bowling until 10:00pm then

- Saturday 12:00-11:00pm Extreme Bowling
 - Saturday 5:00-7:00pm Open Bowling
 - Sunday 12:00-8:00pm Family Extreme Bowling
 - Sunday 12:00-8:00pm Family Extreme and Open Bowling
 - Sorry Closed on Mondays, except for Lunch (11:00am-1:00pm)
- **ITR (Information, Ticketing, & Registration): Bldg. 6918 (785) 239-5614/4415, 6918 Trooper Drive** (across from the PX)
 - Armed Forces Vacation Club (AFVC) - AFVC is a space-available program that offers condominium vacations at resorts around the world for only \$264.00 per unit per week. Installation MWR programs receive a payment for each condo rented. You must provide Fort Riley's Installation #94 when you make a reservation. Check out our Department of the Army Leisure Travel website at www.offdutytravel.com to reserve a condo and find out about other great travel deals.
 - Anheuser-Busch parks are offering a "Here's to the Heroes" promotion. It is valid for one complimentary single-day admission per person for active duty military, active members of a reserve or National Guard unit, and/or up to three direct dependents. Offer valid through December 31. The online application form is available at www.herosalute.com.
 - Worlds of Fun - Invested 7 million in improvements for 2005 season. The program is highlighted by the introduction of a new children's activity area in Camp Snoopy section. Spring discount tickets are now available through ITR.
 - Silver Dollar City - Family adventures start at Silver Dollar City! Silver Dollar City has fabulous festivals for every season of the year, shows like the wacky Silver Dollar Saloon that makes you laugh and sing, rides like the multi-loopin' Wildfire, and so much more! Children receive free tickets when you purchase your adult ticket at ITR.
 - Let ITR put together a Branson package for a weekend get-a-way or family vacation. Discount tickets are available to numerous attractions in Branson.
 - KC Royals Military Appreciation - National Guard, active & retired military personnel and their families will receive free admission to any Sunday-Thursday home game during the 2005 season. Individuals must possess a valid military photo ID. Tickets will be limited to the individual and up to three family members. Tickets will be distributed only on game days at the Guest Ticket Window located on the home plate side of Kauffman Stadium. The window will open 90 minutes prior to all Sunday-Thursday games.
 - Authorized patrons can start taking advantage of special military discounts on all-inclusive packaging and bargain cruises. Stop by ITR and pick up brochure.
 - Discount movie tickets are available through ITR for Seth Childs Cinema. Tickets are not movie specific and have an expiration date of December 2005. Great gift idea!!
 - Country Stampede - Have you ever attended a party with thousands of friends, national recording artists and four days of non-stop music and fun? Country Stampede is a weekend of country music and camping festival June 23-26 at Tuttle Creek State Park in Manhattan. The weekend is fun filled and action packed with great performers, fantastic food, colorful crafts and other activities. Top performers will include Big & Rich, Keith Urban, ZZ Top, Montgomery Gentry and many more! Early bird discounted tickets are now available through ITR.

- Active duty military may stop by ITR and register for an opportunity give-a-way from Celebrity Cruise Line sponsored by the Joint Services Cruise Program.
- ITR is located at Bldg 6918 Trooper Drive, across from the Post Exchange. Hours are Monday Friday from 10:00am-5:00pm. Call 785-239-5614 or 785-239-4415 for further information.

Community Recreation

- **Arts & Crafts Center:** Bldg. 6918 across from the Post Exchange, (785) 239-9205
 - The Fort Riley Arts & Crafts Center offers a number of open shop usage areas for patrons. Usage areas include woodshop, ceramics studios, matting and framing studio, computer lab, photography, stained glass, sewing, quilting, basket weaving and leather. Classes are offered in the evenings and on weekends in all program areas. A schedule of upcoming classes is available at the center.
 - Open shop activities hours of operation:
 - Monday and Tuesday 1:00-8:30pm
 - Wednesday 9:00am-4:30pm
 - Saturday and Sunday 9:00am-4:30pm
 - Closed Thursday and Fridays and most holidays.
 - The sales store is now open during the regular open shop hours listed above.
 - Arts & Crafts offers tours and classes for groups such as coffee groups, FRGs and scouts.
 - The woodshop has 4,000 square feet of floor space and all the specialized equipment to complete any project. A large selection of hardwoods, plywood and processed materials are available for purchase.
 - The ceramic studio has over 2,000 molds available as well as four potters' wheels and five ceramic kilns, making it possible to create finished ceramic ware from scratch.
 - The matting and framing studio has a huge selection of mats and frame stock available as well as state of the art equipment. Conservation and preservation mats are available for fine art work pieces. Finish a project in one day with the help of our friendly staff.
 - The black and white photography lab offers five enlargers, large sink areas and film and print dryers. Photo supplies are available for purchase.
 - The computer lab has two desktop computers with a wide range of graphics and business software. A flatbed color scanner and color laser printer are ready for walk-in use. For a nominal fee, staff will show what programs are available and then you can get to work. You must have previous computer knowledge. Internet access is available for purchase.
 - Other studio areas include stained glass, sewing, quilting, basket weaving and leather. Specialized equipment such as sewing machines, glass saw and grinders, and engraving equipment are available for walk-in use. Scrap bookers beware. We have the zyron machine for making stickers and Accu Cut die machine for you to use, at a minimal charge.
 - Services Available includes professional matting and framing, plaques and awards and computer engraving. The center boasts a new laser engraver that rivals any engraving service in the area. Stop by for a free estimate on matting and framing services for your artwork, prints or certificates. Stop by for a class schedule.
 - For your next coffee group let's do a craft! We have set up an afternoon class on stained glass Mondays and Wednesday 1:00 – 3:00 do not miss this great opportunity!!

- **Automotive Skills Center: Bldg. 7753 Apennines, 785-239-9764**
 - Hours of Operation - Monday-Tuesday, Saturday - Sunday 9:00am-5:00 pm, Closed Wednesday-Friday 1:00-9:00pm.
 - The Automotive Skills Center provides state of the art tool and equipment for patrons utilizing the facility. We offer 15 vehicle lift bays and one suspension lift bay for older vehicles, engine rebuild, machine shop, tire repair, body shop, front end-alignment and a fuel tank bay. Each Bay is stocked with a complete set of tools and roll-around benches.
 - Automotive Repair class/ Automotive Mechanics Fundamentals: The center offers automotive repair classes. The basic auto repair class is on the first and third Thursday of each month and the Advanced Auto Repair class is on the second and fourth Thursday of each month from 6:00-7:00pm.
 - Tool Room: Our complete tool room houses specialized tools including the latest equipment to test on-board computers, alternators, batteries and anti lock brakes.
 - Technical Library: The Mitchell on-demand technical library is available on DVD with in depth information on wiring diagrams. The center has a reference library/class room with over fifty manuals by Motor, Mitchell and Chilton.
 - Body Shop: State of the art paint booth and body shop with personal expert advice and instruction
 - Engine Rebuild: The engine rebuild program provides a trained certified mechanic on-board for technical information and guidance on: cam bearing installation, cylinder boring, piston pin fitting, reducing ring, guide bushing, and the engine make-up component systems installation.
 - Machine Shop: The machine shop provides first class support and services including: valve grinding, valve knurling, bake and rotors, dry hoaner/sand blasting, hydraulic press, strut replace, broken bolt removal, wheel bearing packing and technical guidance.
 - Services:

Engine Computer Monitor	Air Conditioning
Fuel Injector Cleaning	Valve Grinding & Valve Knurling
Surface Flywheel	Brake Drums & Rotors Turned
Hydraulic Press	Welding
Struts Replacement	Broken Bolt Removal
Wheel Bearing Packing	Piston Pin Fitting
Tire Repairs & Tire Balance	Front-End & Four Wheel Alignment
 - For more information on other services available or availability please phone 239-9764 or 239-4028
 - Staff: Our professional staff of trained mechanics is always on hand to instruct and assist in self-help repairs projects.
 - Auto Car Wash: Bldg. 7756, Hours of Operation - 24 hours 7 day a week, Location Next door to the Automotive Skills Center. The Automotive Skills Center car wash has an 8 bay washing facility with power washers, vacuum cleaners and an over-head wax area.
- **Outdoor Recreation Center (ODR): Bldg. 9011, (785)239-2363/6368, Hours of Operation – Monday-Friday: 9:00am-5:00pm, Saturday 8:00am-4:00pm, Sunday and Monday Closed (see hours of operation change below).**
 - Effective May 29, 2005 hours of operation change until September 10, 2005. New hours are: Sunday, Monday, Thursday, Friday and Saturday, 8:00am-5:00pm and Closed Tuesday and Wednesday.

- New Bass Tracker Boat - Come see our new 2004 Bass Tracker Pro Team 175 Fishing Boat with a 40HP Outboard Motor. Daily (24 hour) rental is \$125.00 and weekend rental (currently Saturday-Tuesday) is \$200.00. A \$100.00 deposit is also required to rent the boat. Maximum weight for the boat is 4 people or 650 pounds (includes body weight only).
- Enclosed Utility Trailer - Need to move from on-post to off-post or take a vehicle to your home of record? Rent our new 6x12 Enclosed Utility Trailer and make that move easier. The rear door opening has a ramp that can support 1,000 pounds. Rent this trailer for \$25.00 per day or \$40.00 per weekend.
- Global Positioning System (GPS) - Rent one of our 10 Garmin eTrex Legend Global Positioning System (GPS). This navigation device is easy to use while out hiking, biking, boating, hunting, fishing or a configurable trip computer. Rent this GPS for \$7.00 per day or \$10.00 per weekend.
- Ice Cream Push Cart with Bicycle Wheels - Want something cold for your outdoor function this summer? Rent our Special Cold Plate Freezer to vend that cold or frozen product from a simple mobile unit. Once frozen the freezer has a 10-hour independence from power. Rental cost is for \$15.00 per day or \$25.00 per weekend.
- Canoe Trip - Need something to do on that hot summer day around the water? Float the Kansas River in one of our canoes on June 18 from the Highway 24 bridge east of Manhattan to St. George. Cost is \$15.00 per person. Cost includes canoe, paddles, life vest and transportation to and from Outdoor Rec.
- Clay Range - Use our Clay Range to improve your skills for hunting those birds, turkey or deer. Cost is \$5.00 for one round (25 clays) or \$10.00 for three rounds (75 clays). You can rent a .12 or .20 gauge shotgun from us for \$5.00 (used only while we're open for business). Shotgun shells are not included.
- Laser Shot Shooting Simulation System - Improve your hunting skills with the Laser Shot Shooting Simulation System. Cost per person is \$5.00 per hour or group rate is \$15.00 per half-hour or \$25.00 per hour.
- Archery Range - We also have an Archery Range where you can improve your bow hunting skills. Cost to use the range is free. We have targets, bows and arrows you can rent from us for a fee. Depending on how long you use the equipment determines the cost.
- Hunting and Fuelwood Permits - We sell the Fort Riley Hunting Permit for \$16.00 and Fuelwood Permits for \$22.00. To fish on Fort Riley this year only requires a Kansas Fishing License. A trout stamp is required for taking trout out of Moon Lake between October 15 and April 15.
- Scouting Area - We reserve the Scouting Area at Moon Lake for Boy and Girl Scouts to camp out overnight. There is no cost to use the area.
- Special Events - Having a special event for the children throughout the year? Rent one of our three inflatable play space "moonwalks" (pirate ship, round or square / requires electricity) for \$92.00 per day or \$150.00 per weekend. We also have a large selection of party/picnic equipment, leisure equipment, camping equipment, and canoeing, kayaking and boating accessories for rent.
- Call us at 239-2363/6368 and see if we have what you need to make your function the best ever. You are welcome to use our facility area to hold your special function. Stop by and see us at 9011 Rifle Range Road.

Sports

- **Riley Wheels Skating Rink:** Hours of operation - Friday - 8:00-10:00pm, Saturday - 1st session 6:00-8:00pm, 2nd session 8:00-10:00pm (\$1.25 stay-over fee for 2nd session),

Sunday 2:00-4:00pm - Family Skate \$1.00 per family member. Authorized ID holders only! Riley Wheels is available for rent for private functions such as birthdays, unit parties, support groups, youth and school groups, scouts, etc. For more information call 239-3764.

Adult Intramural Sports Programs

- Co-Ed Summer Softball League - The Fort Riley Sports Department is organizing a co-ed summer softball league running from May 11 to August 15. If you have questions, please call the Fort Riley Sports Office at 239-3945.
- All Army Sports Trial Camps: Individuals interested in applying must contact the sports office for an application packet. If you have any questions, please call 239-3945/239-2172.
- 2005 Fort Riley Track and Field Meet – June 9 (provided track is resurfaced). The track is behind Long Fitness Center.
- 2005 Fort Riley Battalion Level Tennis Tournament will be held on June 20-24 at the Commissary courts.
- Softball Tournaments - 2005 Fort Riley Classic Softball Tournament- June 11-12. All games are played at the Fort Riley Softball Complex.

• Pool Information

- Mommy and Me - \$2.00/family

June 7	7:00-8:30pm	Main Post Pool
June 21	9:00-10:30am	Custer Hill Pool
- Family Fun Night - \$5.00/family

June 24	8:00-10:00pm	Custer Hill Pool
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Pool passes are not valid for these programs.
- Swimming Lessons: Registration for swim lessons begin on May 30 at Custer Hill Outdoor Pool from 12:00-7:00pm. Cost is \$20.00/Child. Classes will be held June 13,14,16,17,19,20,22 and 23.

Level A (6 months-2 years)	5:30-6:00pm
Level B (18 months-5years)	5:00-5:30pm
Level I	4:30-5:00pm
Level II	9:30-10:00am and 4:00-4:30pm
Level III	10:00-10:30am
Level IV	10:30-11:00am
- Unit PT and Drown Proofing: All Unit PT and Drown proofing will be conducted at Long Indoor Pool, Bldg. 8069. Please submit a signed memorandum by the unit commander 2 weeks prior of the date requested. The memo needs to include date and time, number of soldiers, and point of contact. Units will need to provide own instructors. Lifeguards will be provided. For more information call 239-9441.
- Private Pool Parties: \$75.00 for two hours, \$25.00 for each additional hour (after normal operating hours)
- Custer Hill Pool and Main Post Pool will be beginning there summer season May 28 with the following operational hours:

Custer Hill Pool	Daily	11:00am-8:00pm
Main Post Pool	Daily	12:00-7:00pm
- Pool Passes – For Outdoor Pools

	Single	Family
Quarterly	\$35.00	\$50.00
Semi-Annual	\$60.00	\$80.00
Annual	\$110.00	\$150.00
Daily Entry Fees:	\$1.50 - ID Card holder	

\$2.00 - Guest

Free - Child five and under

- **Fitness Programs:** All classes/events are held at King Field House Fitness Center unless otherwise noted. Call the Fitness Department at 239-3146/2813 for additional information.
 - Cardio Pump Aerobics Class - Monday & Wednesday 5:45-6:45pm - Want a great cardio workout? This class is the one for you. All fitness levels are encouraged to attend. Mondays tend to be traditional step class. On Wednesdays get two workouts in one with a mixed format using step and resistance equipment (bands, balls, tubes, etc.). Be prepared to get pumped!! Cost: \$2.00 per class or \$1.50 per class if paid in advance each month.
 - Monday & Wednesday 5:45-6:45pm
 - June \$13.50
 - Fitness Yoga: Monday & Thursday 12:00-1:00pm - A non-purist yoga class designed for all fitness levels. This class integrates body and mind for total performance featuring: strength, conditioning, flexibility, and time to calm your mind during your lunch hour. Cost: \$2.00 per class or \$1.50 per class if paid in advance each month.
 - Monday & Thursday 12:00-1:00pm
 - June \$13.50Mats are limited please bring yours if you have one.
 - Fitness Assessment: Want to find out your current fitness level? Register for our free fitness assessment. This session is for both the new exerciser and the seasoned fitness individual. The session will involve body composition, cardio endurance testing, flexibility testing, and muscular strength and endurance testing. You must register in advance. Call 239-2813. Limited to 10 participants.

Dates/Times: June 7, 8:45-11:15am
 - Cardio Training Express (CTE): Develop your cardio training skills in two sessions of intensive learning and training with a specialized instructor. This free class is a great way for new exercisers to jump start a cardio program and to provide motivation and direction for those who've been at it for a while.
 - Session I: review of principles and components of cardio training (exercise phases, proper stretching, target heart rate).
 - Session II: demos and hands-on time on a variety of cardio equipment.
 - Class Dates/Times: Must attend one CTE I and one CTE II
 - CTE I June 21 9:45-1:45am
 - CTE II June 23 9:45-10:45am
 - Weight Training Express (WTE): Develop your weight training skills in two sessions of intensive learning and training with a specialized instructor. This free class is a great way for new exercisers to jump start a weight training program as well as provide motivation and direction for those who've been pumping iron for a while.
 - Session I: review of principles and components of weight training (program design, training systems, etc.).
 - Session II: demos and hands-on in the weight room learning proper form, breathing and stretching.
 - Class Dates/Times: Must attend one WTE I and one WTE II
 - WTE I June 28 9:45-10:45am
 - WTE II June 30 9:45-10:45am

- PT Power Time - Looking for an alternative to traditional PT? This free class rotates weekly between fitness yoga, total body circuits and power sculpting (bands, tubes and stability balls). This class provides the variety you need to avoid plateaus and maximize results. Redefine yourself! Class is for active duty military, reserves and guard soldiers.

Tuesdays 6:30am-7:30am

- **Sports Information**

- 10-5-2 Mile Prairie Run – July 23 – The Sports department is looking for individuals or organizations to volunteer with waterpoints along the course. For additional information call 239-2813.
- The fitness department is looking for qualified aerobics instructors. For information call 239-2813.

Better Opportunities for Single Soldiers (BOSS) (785) 239-8147

Soldier and Family Support Center (785) 239-9435

- **Relocation**

- Newcomers' Orientation: 8:30am-12:00pm May 27
June 10
June 24
- PCS Briefings: 1:30-3:00m Stateside – May 25
Korea – June 1
Germany – June 8
Overseas – June 15
Stateside – June 22

- **Family Readiness Group (FRG) Training** – Army Community Service offers ongoing training for FRG volunteers monthly at the Soldier and Family Support Center. Registration is required. Free childcare is available; parents must bring the child's shot record. Dates and times may vary. The classes are usually announced via all of the Fort Riley information sources: www.riley.army.mil, POST newspaper, Bugle Call, Channel 2, DMWR Guide, In-Touch, and spouse organizations. You may also call the Soldier and Family Support Center at (785) 239-9435 for registration and additional information.

Upcoming classes include:

- Funds Custodian Training - June 9, 6:30-8:30pm (offered quarterly)
- FRG Point of Contact (POC) Training - June 2, 9:30-11:30am & 6:30-8:30pm
- FRG Leader Basic Course - June 16, 9:00-11:30am & 6:30-8:30pm
- The following Army Family Team Building classes are also recommended as advance training for FRG Key Leadership (FRG Leaders, POC's, Fund Custodian's, other committee members).
 - June 1 - Problem Solving Techniques for Leaders
 - June 1 - Leadership Skills
 - June 15 - Volunteer Management/Marketing Volunteer Experience
- Applied Suicide Intervention Skills Training (ASIST) – Recommended for all FRG Leaders and key FRG volunteers because they are often the “gate keepers” or initial contacts for family members experiencing difficulties which may lead to suicidal behavior. The class is not intended to provide the skills required to provide counseling, but rather to supply the basic awareness training and

prevention education needed by family members who can play a role in reducing suicide in their communities. This class requires a full 2-day (16hour) commitment. Childcare is not available. Please contact ACS for dates and times. For additional information about Family Readiness Group Training and policies, please contact the Relocation/ Mobilization & Deployment Coordinator or Family Readiness Center Coordinator at 785 239-9435.

- **Army Family Team Building (AFTB)**

- If you are new to the Fort Riley area and are interested in learning about resources that are available to you or find that everyone is speaking another language that sounds more like alphabet soup than words, then you could benefit from the Army Family Team Building (AFTB) Level One classes.
- Level One, Two and Three classes are offered at the Armed Services YMCA in Junction City on designated Fridays 11:00am-2:00pm with free childcare on site. You *must* contact the AFTB Program Manager to pre-register your children. For more information or to speak to the Program Manager please call 239-9435. Dates of upcoming classes are May 20 and June 3 & 17.
- Level Two and Three classes are given at the Soldier and Family Support Center from 6:30-8:30pm and are open to everyone. There is no childcare provided for the evening classes. Upcoming dates of classes are June 1 & 15. Please contact the Program Manager to sign up for any classes in which you are interested.

- **Army Volunteer Corps**

- The Fort Riley Volunteer recognition week was filled with fun and activities. We had several drawings for merchandise and gift certificates. If you did not receive your coupon book, please stop in at the Soldier and Family Support Center to pick up one. The coupons are good for the month of May for discounts at several of the MWR organizations. We want to again thank all of Fort Riley's volunteers for a great job. 2318 volunteers logged in a total of 112,845 hours in calendar year 2004. According to the figure submitted by the Points of Light Foundation this would equate to a savings for Fort Riley of \$1, 980,429.70. Great job folks!!!!
- You can mail, e-mail or drop off volunteer hours to Soldier and Family Support Center, Bldg. 7264, Fort Riley, Kansas 66442 or email hours to site2665@riley.army.mil.
- Volunteers are always needed and welcome. If you are tired of sitting around the house and would like to contribute to our community, come on out and get involved, volunteer. We have a variety of opportunities to learn a new vocation and gain job skills. You can contact the Army Volunteer Coordinator for more information at 239-9435, or by stopping by Bldg. 7264.

- **Exceptional Family Member Program**

- Exceptional Family Member Program Summer Camp – July 6 from 9:30am-4:30pm at Rock Springs 4-H Center, 5405 West Highway K-157, Junction City, Kansas
- Special Needs Rodeo sponsored by the Junction City Rodeo Association - July 23 from 5:00-7:00pm, at the 4-H Center, Spring Valley Road, Junction City, Kansas

- **Waiting Spouses' Group (WSG)** – WSG is a group designed to support spouses whose soldiers are on an unaccompanied tour of duty. Separations for these spouses are particularly unique because the support network and regular contact previously supplied by the unit/Family Readiness Group may no longer exist. WSG has teamed up with the Spouses of Deployed Soldiers Group to provide a Spouse Activity Day on the 2nd and 4th Mondays of each month from noon to 3:00pm at the SFSC. If you would like to make the

separation a little easier, come join in the fun! If you have questions, please contact the group facilitator at 785 239-9435 or site2665@riley.army.mil.

Child and Youth Services (CYS) (785) 239-4920

USD 475 Junction City-Geary County Schools: USD 475 (Geary County-Junction City, Fort Riley, Milford, and Grandview Plaza) website: <http://www.usd475.org/> Tel: 785-238-6184

USD 383 Manhattan-Ogden Schools: USD 383 (Manhattan-Ogden) website: <http://www.usd383.org/> Tel: 785-587-2000

Directorate of Education

- **Post wide Graduation Scheduled** - Fort Riley will be hosting its 35th semi-annual graduation ceremony on June 9 at King Field House. The ceremony will start at 1:00pm. If you are graduating from any of our local colleges or a Distance Learn SOCAD college, you are invited to participate. Graduates from Barton County Community College, Central Texas College, Kansas State University, Upper Iowa University, and Central Michigan University will be participating. This ceremony, held twice a year, brings to completion and recognizes the hard work of the students as well as the support of family members and their chain of command. The 24th Infantry Division Commanding General will be in attendance to address our graduates. The whole Fort Riley community is invited to attend. For further information or questions, please call 239-6481.

Installation Chapel Office

- **Child Care Providers Needed** - The Installation Chaplain's Office is looking for "Qualified" individuals to provide child care for various Chapel sponsored events. Qualifications: must be at least 18 years old, CPR certified (will train), and must pass state background check (free). Pay is good and flexible hours available. Point of contact can be reached at 239-4814.
- **Marriage Enrichment Seminars Sponsored by the Morris Hill Gospel Congregation**
 - May Seminars: 2 and 16 at 6:30pm at Morris Hill Chapel
 - June Seminars: 6 and 20 at 6:30pm at Morris Hill Chapel
 - Free childcare is now available. Continuing Seminars will be held on the 1st and 3rd Mondays of every month at Morris Hill Chapel. For more information, please call Morris Hill Chapel at 239-4814.
- **Marriage Enrichment Seminars Sponsored by the Family Life Chaplain**
 - The seminar is in two parts. Participation in the first night is required before participation in the second night. Childcare will not be available. For additional information and to register, please call 239-3436.
 - June Seminars: 14 and 23 from 6:00-8:30pm at the Family Life Ministries Center
- **Pre-Marital Classes Sponsored by the Family Life Chaplain** - Pre-Marital classes are held the first Thursday of every month from 9:00am-12:00pm at the Family Life Ministries Center. Please call 239-3436 for additional information and to register for the class.
- **Wounded Soldiers Outreach Support Group** Wounded Soldiers Outreach and Support Group (WSOS) meets monthly to provide wounded Soldiers and family members an opportunity to meet one another. The desire is that through this informal setting, helpful relationships will develop to assist in the healing process. WSOS meets the first Tuesday

of every month at Riley's Conference Center from 6:00-8:00pm. For more information, please call the hospital Unit Ministry Team at (785) 239-7872 or the Family Life Chaplain at (785) 239-3436.

- **Portable Library at Irwin Community Hospital** - The Catholic Community donated a book cart with books, videotapes and DVDs to Irwin Army Community Hospital. They are in need of more books, videotapes and DVDs. They do not have to be new, but in good shape. Please drop off your items at the Morris Hill Chapel.
- **3 BCT Rear D Chaplain:** Can be reached at 239-5711
- **Vacation Bible School (VBS)** – Mark your calendars August 2-5.
- **Club Beyond-** For additional information, please call 210-6240
 - May 22 - CB no Club due to graduation; CBJV will meet and have movie night
 - May 29 - Final Club!!! Prepare to get wet as we end the school year with a water night. Regular Club times. This will be the last regular Club meeting until August.
 - Teen for Hire – Thinking about summer and summer jobs? Call 210-6240 to sign up for the *Teen for Hire* program for yard work, babysitting and general labor.

Staff Judge Advocate

Plans, Analysis, & Integration Office (PAI)

- Use ICE to help us serve you better. ICE (Interactive Customer Evaluation) is a web based customer feedback system. You can provide an evaluation of more than 170 services on Fort Riley or communicate directly with the manager of a service via ICE.
- You can access ICE several ways. The quickest is to click on the ICE link on the sidebar of the Fort Riley home page (www.riley.army.mil). You may also access our site via the ICE homepage (<http://ice.disa.mil>), and then scroll down through the map to Fort Riley. In either case, you will reach a search page, listing categories of service. The names of the organizations you can rate will appear when you click on the service category. The comment card will come up when you click on a service name. At the bottom of the comment card, you will also find a dialogue box in which you can enter comments. Your comments are most valuable to our service providers. If you wish to see how others have rated a service in the past 90 days, click on the "Report" box. General information about the service can be obtained by clicking on the "Info" balloon.
- ICE is a worldwide customer feedback system supported by the Department of Defense Office of Quality Management. You will find all branches of service and installations worldwide whose services you can rate or see how others have rated them. This may be important to you if you have been TDY and wish to rate services received or if you are going to another installation and want to know how users evaluate a service.
- ICE is administered by the Plans, Analysis & Integration Office at Fort Riley. If you have questions about this service or wish to develop a comment card for your organization, please call 239-2540.

Provost Marshal Office (PMO)

- Don't let your children bring anything that can be used as a weapon to school. Obvious weapons are knives, guns, etc. Less obvious ones are objects with sharp edges, belts that are carried but not worn, such as chains, fireworks, golf balls, etc. These items used appropriately are not weapons; however, they have been brought to the schools with the intent to cause harm.

- Kansas City Baseball Cards are being issued by MP's. Parents, please help us by telling your children to stay out of the streets when they see us in the neighborhoods. MP's will pull over to the side of the road to distribute the cards.
- If you are in the 5th or 6th grade this year, talk to your teacher about the Great Camp at Fort Riley from the June 6-10. Registration forms are available at the middle school and have to be filled out, notarized, and turned in as soon as possible.
- Be sure to wear safety equipment when riding bikes, skateboards, rollerblades, and roller skates. Safety equipment is mandatory for everyone on Fort Riley, no exceptions.

Directorate of Public Works

- **Retention of Government Housing:**
 - Request must be in writing
 - Request must be approved by Soldier's chain of command
 - An inspection of the soldier's quarters by his/her unit is mandatory
 - It is mandatory to attend a retention briefing before submitting request to Housing
 - Retention briefing is given every Wednesday at 1:30pm in Bldg. 7264
 - Housing has final approval of retentions
- **Self-Help Store lawn care products:**
 - Grass Seed – 2 each (Four pound bags)
 - Peat Moss – 2 bags
 - Mulch – 6 bags
 - Lawn Food – 3 bags
 - Items are not to be sold, given away, or thrown away.
 - Items are to be used on the quarters' lawn for which they were issued.
 - Residents must return unopened bags to Self-Help Store.
- **Update Housing records when any of the following change:**
 - Rank
 - Unit/Company
 - Phone number(s)
 - Address
 - Number of dependents
- **Lawn Maintenance:**
 - Grass cut to height of three and one-half inches as needed
 - Areas of responsibility are defined in Housing Handbook
 - Lawns will be edged along walks, driveways, curbs, and flowerbeds
 - Routinely trim shrubs and bushes
 - Eliminate any vines that grow on housing unit
- **Swimming Pools and Spas:**
 - Housing must approve depths greater than 18 inches prior to be installed.
 - Policy is provided in Housing handbook.
 - Liability insurance is required.
- **Pets:**
 - Make sure pets have plenty of water and shade when outside.
 - Do not leave pets in cars even with windows cracked; temperatures get extremely high inside a vehicle.
 - Are not allowed at ball fields; many children and adults have medical conditions that require them to avoid exposure to animals.
 - Clean up waste deposited by animals on a daily basis.

- **Curfew:**
 - Hours are 10:30pm until 5:00am for persons up to 17 years of age.
 - Sponsor is held accountable for violation.
- **Energy / Water Conservation:** Funds saved in the energy account go to improving the quality of life for soldiers and families.
 - Authorized thermostat settings for cooling season are 76 to 80 degrees.
 - Keep windows and doors closed when the cooling system is energized to keep out summertime humidity.
 - Turn off computer monitors, appliances and lights when not needed
- **Recycling Reminder:** All on-post housing occupants are reminded of their responsibility to recycle to the extent possible. Information on the recycling procedures are in the Resident User's Guide and in the Housing Handbook, page 48.
 - The blue recycle bags and a Resident User's Guide are issued at the time of assignment of the quarters, and additional bags can be obtained at no cost at the self help store.
 - All recyclables except yard waste and large pieces of cardboard are to be placed in the blue recycle bags and placed next to your trash containers the day of your scheduled pick-up.
 - Please do not use the blue recycle bags for everyday trash or non-recycled items.
- **Memorial Day Holiday Collection Schedule:**
 - Monday, May 31: No pickup, Memorial Day
 - Tuesday, June 1: Colyer Manor, Main Post, and Marshall Field Housing
 - Wednesday, June 2: Ellis Heights, Monteith Heights, North Peterson Heights, and O' Donnell Heights
 - Thursday, June 3: North Warner Heights and Burnside Heights
 - Friday, June 4: Meade Heights, McClellan Heights, South Warner Heights, and South Peterson Heights
- **Smoke Detectors in Quarters:**
 - Smoke detectors can save lives. Residents are responsible for ensuring they are in good working order.
 - Never remove the backup batteries from the detectors to use for other purposes.
 - Never remove the detectors from the ceilings.
 - Replace the batteries when the detectors start beeping. That is the warning sound for expired batteries. Replacement can be done by occupants or as a service order.
- **Barbecue Grills:**
 - Must be kept several feet from the House, when in use, because of the intense heat they generate.
 - Fire Regulations prohibit the use of barbeque grills on enclosed porches and balconies.
 - Parents must watch children while Barbequing, to prevent serious injury.

Directorate of Environment and Safety (DES)

G3/DPTMS

- Custer House will begin its summer hours on May 28. The house will be open Monday through Saturday, 10:00am-4:00pm and Sundays, 1:00pm-4:00pm through Labor Day. Stop and see how Army families lived during the early years of Fort Riley. Antique furnishings of the period and information about Fort Riley history are available.

Admission is Free! So don't drive all the way to Kansas City or Wichita for a family outing – take in the history and fun that is around Fort Riley. For more information, call 239-2737.

- The U. S. Cavalry Museum is sponsoring a band concert on June 17. The concert will take place on the museum grounds, beginning at 7:00pm. The Junction City Municipal Band will be on-hand to play patriotic and other musical selections. The concert is free and open to the public.

Veterinary Services

FORSCOM Family Readiness Group Assistance Program

- The program has been created to provide administrative support and facilitate the needs of the Commanders and FRG members
- It serves as a liaison between the FRG's and community resources.
- The intent is to free the Commanders, FRG Advisors/ Leaders of the administrative requirements so they can focus on supporting the families.
- FORSCOM FRG Site Manager office is located in the Family Support Center or by calling 239-9435
- 1 BCT FRG Assistant can be located in the 1BCT S1 building or by calling 239-9603

American Red Cross

- The American Red Cross Volunteer Youth Program will begin on May 31, for youth ages 13-18 years old. In order to be enrolled in this program, your youth will have to pick up their application from the Red Cross office (Bldg. 7264), have the form completed and returned to this office by close of business on May 27. Applications will be available beginning May 16. Orientation will only be held on June 1. Please do not send your youth to this orientation without a prior application, or they will be turned away at the door.
- The American Red Cross Cookbook is still available for sale for \$20.00 with an additional insert of the SOWAG (Senior Officer's Advisory Group 1980's to 2000+) for \$5.00. Cookbooks may either be purchased at the Fort Riley Red Cross office (Bldg. 7264) or the Shoppe inside the Calvary Museum. Don't loose out; get yours today.
- The American Red Cross is always looking for new volunteers. Due to the upcoming PCS moves of some of our current volunteers, we have numerous positions open. Please contact our office at 239-1887 for further information.

Boy Scouts

Girl Scouts

Armed Services YMCA (ASYMCA)

Take advantage of our childcare programs We Must have 8 children sign up for each program or the program will be cancelled with a two-day notice.

- **Mom's Monday Out**
 - Mondays 10:30am-3:00pm
 - You must provide a sack lunch and a snack for your children
 - \$7.50 for 1st child
 - \$8.25 for children under 2
 - \$6.75 per additional child

- \$7.50 per additional child under 2
- **Mom's Morning Out**
 - Tuesday Mornings 10:30am-3:00pm
 - You must provide a sack lunch and a snack for your children.
 - Prices are the same as our Mom's Monday Out
- **Mid Week Break**
 - Wednesdays 10:30am-3:00pm
 - You must provide a sack lunch and a snack for your children.
 - Prices are the same as Mom's Monday Out.
- **Parent's Day Out**
 - Fridays 10:30am-2:00pm
 - You must provide a sack lunch for your children.
 - \$6.00 for 1st child.
 - \$6.75 for children under 2
 - \$5.25 per additional child
 - \$6.00 per additional child under 2.
- **Friday Night Out**
 - 5:30-10:00pm (Must have eight children signed up or program will get cancelled)
 - Please provide a dinner and snack for your children.
 - \$7.50 for 1st Child
 - \$8.25 for children under 2
 - \$6.75 per additional child
 - \$7.50 per additional child under 2
 - Reservations are required for all childcare programs.
- **Aerobics Classes** - The ASYMCA also offers Aerobics Classes three times per week. Childcare is available for all classes at \$1.00 per child. No Reservations Needed! Classes are limited to 20 people. (We must have up to date shot records on all children).
 - \$2.00 per class for walk-ins or you may purchase a Punch Card for savings.
 - Classes are:
 - Monday/Wednesday/Friday 9:00-10:00am
 - 45 minutes of Step Aerobics/15 minutes of toning.
 - Friday – Body Toning or Circuits.
 - Monday/Thursday evenings 5:30 6:30pm
- **Meetings** - The ASYMCA is available for your FRG Meetings. Call to schedule.
- **Events** - Need a place to hold a Kid's Birthday Party, Baby Shower, or Bridal Shower. We offer our building for rentals.
- **Dance Classes** - We will be offering dance classes Tuesday and Thursday at 6:30pm. Ages of children are 2 ½ to 13.
- **For more information** call 238-2972 or stop by the ASYMCA at 111 East 16th Street, Junction City.

Thrift Shop

- Now accepting Visa/MC for purchases of \$10.00 or more!
- Great selection of furniture, house ware, clothing, and sports equipment
- Location/Hours of Operation: Bldg. 267, Stuart Avenue (next to the stables), 9:30am-2:30pm, Tuesday, Wednesday, Thursday
- 1st Saturday of the month – June 4, 10:00am-1:00pm
- Consignments accepted on Tuesdays 9:30am–1:00pm and Saturdays 10:00am-12:00pm. 15 items per consignment/only 7 items of clothing. No restrictions on

consignments accepted on Saturdays. All consignments must be clean and in good condition. Consignment checks available for pick-up on Tuesdays and Thursdays. Must show ID.

- Volunteers are always needed and welcomed. Reimbursement for childcare, 25% discount off all Thrift Shop merchandise the day you volunteer. Call 784-3874

Historical and Archaeological Society of Fort Riley (HASFR)

- **Ways & Means:** Order your Old Bill statue (\$100.00) now for farewell gifts! Place your order by email at hasfrevents@hotmail.com or call 784-2282. A beautiful red/white/blue Fort Riley plate can be purchased at The Shoppe for \$25.00. Our newest addition is music by Junction City's own "Haymakers". The CD can be heard on the Tour of Homes at the Custer House. The CD is for sale at The Shoppe for \$7.50.
- **Historic Plaques:** Residents of historic quarters who wish to purchase a photograph of the quarters and a parchment listing the previous residents can place their order by email at hasfrevents@hotmail.com. Cost is \$10.00. Place your order at least 2 weeks prior to clearing quarters. This also makes a wonderful farewell gift! The Arts & Crafts Shop will be more than happy to assist with the framing. Call 717-2892 for more information.
- **Reserve the Custer House-Side B** for \$25.00 by calling 717-3266
- **Membership:** Become a HASFR member! Email hasfrevents@hotmail.com

Enlisted Spouses Club (ESC)

- What is ESC? The Enlisted Spouses Club is a service and social organization open to any active duty, retiree, reservist, or widowed spouse of a soldier E1-E9 who are looking to give back to the Fort Riley community, while making friends and having fun. Interested in becoming a member? Email escpresident@hotmail.com or call Sherri Miller at 770-9219.
- Our installation ceremony will take place on Wednesday evening, May 25 at 6:30pm at the Junction City DAYS INN on Washington Street. We will have hot and cold appetizers, beverages, and cake. Members are free, \$5.00 for guests (spouses or family of members). Members must RSVP at 784-8333 by May 20 if you are attending and if you need childcare. There will be childcare at the ASYMCA on a first come first served basis. Please call to reserve a spot for your child. Hope to see you there!
- ESC family picnic will be held on Saturday, June 4 at McCormick Park from 11:00am-1:30pm. Pixie the clown will be there for a while to do balloons and face painting with our children. ESC will provide the main dish (fried chicken) and members will provide sides, desserts, or beverages depending on their last name. A to G brings a side dish, H to P brings a dessert, and R to Z brings a beverage. This is our last event before summer break so join us for some fun!
- It is not too late to join the ESC!!! Join us and be a part of an organization that gives back to the community while having fun. If you are not already a member but are interested in joining or would like more information, please contact us at escpresident@hotmail.com Any one joining between now and May 31 can save \$5.00 on our annual dues. Ask us how to get your coupon.

Fort Riley Combined Scholarship Committee

- The Fort Riley Combined Scholarship Committee is pleased to announce that, thanks to the support of many organizations and business in the greater Fort Riley community, on May 17, we awarded over \$16,000.00 in scholarships to 17 recipients. The scholarships were awarded in 4 categories: spouses attending college, spouses attending vocational-

technical colleges, high school seniors and dependents currently enrolled in college. We would like to thank everyone who supported us this year in making our goal and allowing us to help so many deserving students. We look forward to your continuing support next spring.

Officers' and Civilians' Spouses' Club (OCSC)

- **OCSC in May: Fun in The Sun Brunch** - Please join us as we welcome the beginning of summer as well as the 2005-2006 OCSC Board! This will be the last function until the Welcome Tea in August, so you won't want to miss out! The brunch will be held on Thursday, May 19, at Riley's Conference Center from 9:30am at a cost of \$8.00 per person. Breakfast Buffet includes: Scrambled Eggs, Biscuits & Sausage Gravy, Seasoned Home Fries, Bacon, Assorted Danishes, Fresh Fruit, Orange Juice, Coffee, Tea, and Water.
- **May Charity of the Month: Mark's Hope** - Mark's Hope is a non-profit organization in honor of CPT Mark Stubenhofer, who was killed in Iraq December 7, 2004. Please contact the Community Assistance Chairperson at 784-2820 for more information, or visit our website at www.fortrileyocsc.com
- **The Shoppe** - The Shoppe is now open 6 days a week from Monday-Friday 10:00am-2:00pm and Saturday 11:00am-3:00pm. If you still haven't visited The Shoppe you are missing out on a Fort Riley "must see!" The Shoppe adds new vendors monthly and receives new inventory weekly. Check back for new and exciting changes every month! We are looking for volunteers to help cover work shifts during the week. This is a great way to meet people and help in the community. Childcare is reimbursed. Remember; once you work five times you will receive a gift certificate for \$25.00 to spend at The Shoppe!
- **Walk on Wednesdays** - If you are looking for a way to get fit, meet new people and just have fun, than come walk with OCSC! Pack the kids in the stroller and meet us in the parking lot of Riley's Conference Center every Wednesday at 2:00pm, weather permitting. We will be walking the trail by Riley's.

Commissary

- **Store Reset** - April 17-19th Fort Riley Commissary completed a shelving change out and item reset. We removed all old shelving and replaced it with new matrix shelving and end caps, adding 4 feet on each aisle to increase our product selection. Diagrams containing item locations are available in the entrance foyer. We appreciate your patience and thank you for shopping your Fort Riley Commissary.
- **Keeping Intouch with Commissary Information** - Sign up now for *Intouch* messages to receive email notifications of caselot sales, special events, store closures and various store updates. Go to www.riley.army.mil and click on Intouch. Then select the Commissary block.
- **Support your Commissary by Choosing 'Paper, Please!'** - You may have noticed the Defense Commissary Agency's "Just Say No" campaign against plastic bags and double bagging. With more than 92 million customer transactions annually, grocery bags cost commissaries nearly 20 million last year. The cost of plastic bags has risen more than 30 percent in the last two years due to the rise in oil prices. Every extra dollar spent on bags is a dollar unavailable for payroll or commissary services, so help control costs by switching to paper bags and eliminating double bagging.

Army and Air Force Exchange Services (AAFES)

- **AAFES/DECA Council Meeting** - Spots Page, Bldg. 7840, May 26, 2:00pm. All are welcome.
- **Superheroes “soldier on” in the Middle East** – Last month at the Pentagon, Marvel Comics unveiled a custom comic book to be distributed free in May to U.S. forces in Iraq and around the world. Featuring the Avengers, Fantastic Four, Spider-Man and other Marvel heroes, the comic has a mammoth print run of 1 million copies. This latest effort of support for our troops is in partnership with "America Supports You," a Defense Department campaign that encourages private citizens, communities and businesses to reach out to troops and their families, "especially those serving in harm's way." The first 150,000 will go to soldiers in the Middle East. The comic books will also be available free at military exchanges.
- **Excerpts from “AAFES Dividends Benefit Armed Forces' Morale, Welfare and Recreation,” HQ AAFES Public Affairs – DALLAS**

The Army & Air Force Exchange Service has announced that it is returning \$242.3 million to the services' Morale, Welfare and Recreation programs. For 2004, this dividend represents an average per capita dividend of \$277.00 for every Soldier and Airman, a 5 percent increase over last year...

The value AAFES offers the military community extends far beyond its ability to provide quality merchandise and consumer services. With the help of AAFES dividends, MWR, CFSC and Air Force Services have completed hundreds of community enhancement projects at Army and Air Force installations around the world. AAFES supports the mission of the services' MWR to improve the troops' quality of life and the well being of the overall military community. AAFES will continue to focus its efforts on providing value by offering low-cost shopping options and delivering an annual dividend...

"Every time troops shop at the exchange, they provide support to MWR programs, facilities and non-appropriated fund construction projects such as bowling and youth centers, golf courses and outdoor recreation," said Brig. Gen. Steele...

Troops are not the only ones who can enhance the annual dividend AAFES provides MWR services. Civilians (aka non-authorized exchange customers) can also contribute by purchasing "Gifts from the Homefront" gift certificates or "Help Our Troops Call Home" phone cards. Both programs allow anyone to make a direct contribution to the morale of troops by sending a gift certificate or phone card that can be used in any AAFES retail or phone center operation in the world including those in Operations Enduring and Iraqi Freedom. While initial purchases made through these programs offer an immediate benefit to troops, the long-term advantage is that a portion of the funds used to purchase the phone card or gift certificate this year will go back to the military community next year. "Gifts from the Homefront" gift certificates and "Help Our Troops Call Home" phone cards are both available online at www.aafes.com.

The next Community Action Council will be held at
9:30am Wednesday, June 15 2005.
Riley's Conference Center
Fort Riley, Kansas
“America's Warfighting Center”

Announcements for the next “Riley Bugle Call” is due by noon, June 7, 2005, to Bldg. 7264, and 239-9435. Email to site2665@riley.army.mil. The CAC is shown four times

daily on Channel 2 for four days following the CAC. The times are 8:30am, 12:30pm, 6:30pm, and 10:30pm.

SCHEDULE FOR 2004-2005

15 June	9:30am
20 July	9:30am
17 August	9:30am
21 September	9:30am
19 October	9:30am
7 December	9:30am